

Waiver and Release of All Claims by Client

Date: _____

The CLIENT acknowledges that any program of fitness exercise involves a risk of injury. Your MedFit Center trainer shall not be liable for any injuries or damage to the undersigned, or the property of the undersigned, subject to any claim, demand, injury or damages whatever, including, without limitation, those damages resulting from acts of active or passive negligence on the part of the CLIENT.

The CLIENT represents that he/she has been recently examined by a medical doctor and been found able to undertake a program of exercise.

It is agreed that MedFit Training and Education Center shall not be responsible or liable to the undersigned for articles lost or stolen in connection with MedFit Education and Training Center services.

For and in consideration of the design of an exercise program for _____ known as the "CLIENT" by MedFit Training and Education Center, CLIENT agrees:

1. that any exercise program shall be undertaken by CLIENT at his/her sole risk; and
2. that your MedFit Center trainer shall not be liable to CLIENT, nor any other person, for any claims or causes of action whatsoever arising out of or connected with the services of MedFit Training and Education Center; and
3. that CLIENT hereby releases and discharges MedFit Training and Education Center from any such claims or actions.

Signature of CLIENT